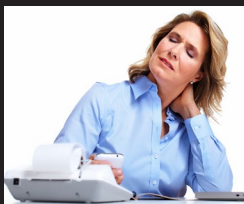




FOLLOWSPOT MESSAGE THERAPY

Corporate Massage Program

The debilitating effects of sitting at a desk all day are numerous and often chronic. Communicate to your employees their priority and value to the company by incorporating therapeutic massage into the workday. This program takes the guesswork out of self-care and shows your employees that their health and well-being matters.



We offer:

- 10-20 minute massage therapy sessions tailored to each employee.
- Chair or table massage – whatever your preference and space allows.
- Licensed massage therapists with a minimum of five years experience.
- Weekly, monthly, and seasonal schedules.
- Flexible pricing based on the number of therapists and/or sessions.
- The opportunity for employees to recharge, refocus, and more effectively manage the demands of their day.

For more information, or to book massage sessions for your organization, visit www.followspotmassage.com.

